

# Ben Armstrong

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## Education

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University of Puget Sound Bachelor of Arts; Tacoma, WA Class of 2013

- Major in International Political Economy; minors in French and Environmental Policy & Decision Making.
- Cumulative GPA: 3.65/ 4.0

School for International Training World Learning Study Abroad; Antananarivo, Madagascar Spring 2012

- National Identity and Social Change: Madagascar.

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## Volunteer and Intern Experience

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Etta Projects (Nonprofit) Fundraising/ Public Relations Intern September 2012- May 2013

- Organized auction fundraising and contacted businesses for donations.
- Translated Bolivian projects reports and transformed them into social media and grant report stories.
- Taught 15 global education classes at Tacoma schools on the Bolivian lack of access to water, health and sanitation.

Earth Economics (Nonprofit) Research Intern September 2012- May 2013

- Located and compiled primary research studies about ecosystem service values to be used for a comprehensive Ecosystem Valuation Toolkit and for individual reports.
- Collaborated writing and editing drafts evaluating the economic value of Pierce County restricting building in a flood channel migration zone and the value of promoting beaver habitat in watersheds.

MultiCare Hospital (Nonprofit) Sustainability Internship February 2010- December 2011

- Conducted on-site visits to multiple waste sites and departments to collect and condense waste use information into an Excel spreadsheet to identify areas for waste reduction after.
- Researched and implemented waste stream avoidance methods that saved MultiCare \$50,000 a year.
- Created an Environmentally Preferable Purchasing policy to direct purchases with the hospital's suppliers.

i-to-i Volunteer English Teacher in Peru July-August 2010

- Employed singing, drawing, and kinesthetic teaching activities for 1<sup>st</sup>- 5<sup>th</sup> grade students learning English.

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## Work Experience

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Camp Menogyn (YMCA) Winter Guide December 2013- March 2014

- Will lead cross country ski, snowshoe and Dogsled trips in a remote wilderness camp in Minnesota for kids.

Roche Harbor Resort Dockhand June 2013- October 2013

- Assisted boat docking, fueling, and dock maintenance at a busy tourist marina in the San Juan Islands.

University of Puget Sound Environmental Science Teacher Assistant January 2013- May 2013

- Created and directed environmental science labs on Northwestern environmental issues.
- Aided students from a variety of majors to write scientific reports and present group scientific findings.
- Communicated with the City of Tacoma and Wastewater Treatment Plant to implement a science project evaluating the environmental and economic efficacy of a new University of Puget Sound food composter.

Aspen Ski Company Lift Operator December and January 2010-2013

- Engaged guests and directed or answered guest questions and concerns.
- Operated the control board and physically ensured the safe loading and unloading of guests.

Justice Snows Restaurant Waiter- Aspen, CO June-August 2012

- Took orders, delivered food and answered guest questions during lunch shifts.

Steakhouse 316 Backserver- Aspen, CO June-August 2012

- Worked with waiters in high stress situations to give customers a well-serviced fine dining experience.

Blazing Adventures Raft Guide June-August 2011

- Entertained (and reassured) tourists while guiding them for rafting day trips.
- Trained for swift water rescue and practiced emergency scenarios to help manage and avoid dangerous or unexpected situations.

University of Puget Sound Resident Community Coordinator August 2010- May 2011

- Created six programs for residents in six upperclassman on-campus houses to promote community.
- Facilitated communication between my Resident Director, various campus offices, and my residents to ensure their safety and academic success.

## Leadership

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University of Puget Sound Whitewater Kayak Club Leader August 2011- May 2013

- Taught students kayak skills and helped them feel comfortable in the water during pool sessions.
- Organized and managed the safety and logistics of student-led river trips for the second largest Kayak club in the country.

Second Place- Air & Waste Management Association Conference Environmental Challenge November 2012

- Drafted a document proposing changing express lanes on a stacked bridge with stormwater best management practices, emission sensing automated tickets, and alternative transportation routes to solve traffic issues of a Portland, OR bridge.

## Publications

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- Carlton, Dave; Wahlund, Nora, Armstrong, Ben, 2013. Return on Investment Analysis of Pierce County Flood Risk Management Solutions. *Earth Economics*. Tacoma, WA.
- Armstrong, Ben, 2012. Régulations de l'Usage et de la Possession de Terre: Exploration de l'Efficacité des Règles Officielles Concernant la Gestion de Terre et Perceptions des Lois par les Habitants d'Andranomena Dans la Région Menabe. *Independent Study Project (ISP) Collection*. Paper 1260. <[http://digitalcollections.sit.edu/isp\\_collection/1260](http://digitalcollections.sit.edu/isp_collection/1260)>
- Armstrong, Ben, 2012. How Tacoma's Graffiti Garages Redefine Graffiti Art. *Post Defiance*. Tacoma, WA
- Armstrong, Ben, 2010. A Landlocked Bolivia: Disputes between Bolivia, Peru and Chile. University of Puget Sound. Social Science Writing Award.

## Skills

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- Technical: Proficient in Microsoft Word, Excel, Powerpoint, Sharepoint and Salesforce.
- Languages: French (proficient), Spanish (conversational), Malagasy (introductory).